



THE FORGET ME NOT ACTIVITY CLUB

RESPIRE
CARE

TRANSPORT
LINK

DAY
TRIPS

SOFT
SPORTS

LIVE
ENTERTAINMENT

DAY CARE

£70 per day
(FREE TASTER SESSIONS)

designed to promote health and wellbeing to our members
whilst providing respite to family carers

StJohn's Hall,
Church Close, Mountnessing, CM15 0TJ
Monday, Wednesday, Friday
10:00 - 15:00

For further information contact Tracy or Leah

Tel: 07940 231 609

Email: thefmnclub@gmail.com

Reg Company No: 11642555

