

Forget Me Not Activity Club

Winter Programme*

January

8th: Art - Yoga - Reminiscence

10th: Pool - Who am I Quiz - Table Tennis

12th: Dominoes - Board Games - Quoits

15th: Yoga - Name That Tune - Volleyball

17th: TV Trivia - Boccia - Crafts

19th: Prize Bingo - Card Games - Cricket

22nd: Yoga - Chatterball - Crosswords

24th: Darts - Kurling - Air Hockey

26th: Golf - Table Football - Singing

29th: Yoga - Music Quiz - TV Trivia

31st: Pool - Hoops & Cones - Cricket

Subject to change*

Open to suggestions

St Johns Church Hall
Mountnessing Brentwood
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